

# UUC Community News

**JULY 2024**

Unitarian Universalist Community Church



## Sunday Worship Service 10:00am

**UCC COVID UPDATE:** The UCC Board of Trustees has lifted Covid restrictions in the church. The congregation can determine their own level of risk and any need to continue to wear a mask in public settings. The only exception to this will be when we have in-church speakers who may request that congregants wear a mask during their service. We will notify you ahead of time if this occurs.

### JULY SUNDAY SERVICES

**July 7** Presenters: February Sky (Phil Cooper & Susan Urban)

**Title:** "Come and Sing a Simple Song of Freedom"

There is so much more to loving one's country than waving a flag and saying "My country right or wrong." On this Fourth of July weekend, we will share and reflect on some of the protest and freedom affirming songs that have changed our own and other people's lives for the better.

**July 14** Beverly Feldt

**Title:** Cicada Summer

The wild noise of the cicadas has hushed now, but what can we learn from this once-in-17- years experience?

**July 21** The Rev Denise Tracy

**Title:** Prayers for the Earth

This service will explore our connection with the beloved blue marble we live on.

**July 28** Beverly 'Oye' Reed-Scott

**Title:** TBA

### First Sunday Potluck July 7th after worship



At UUC, the first Sunday of each month after worship service we share a potluck luncheon. Join us for this time of Fellowship!

### UU Connect Forum

The Forum is on break for the summer, will return in September.



### UCC Men's Group

*UCC Men's Group will break from their usual monthly meetings until either September or October. Anyone identifying as male is welcome to join the Men's Group. For more information contact Allan Lindrup at [uusj@sbcglobal.net](mailto:uusj@sbcglobal.net) or by calling 773-595-4921.*



### Listening Hearts



Listening Hearts

July volunteers, Joyce Semmler and Beverly Feldt are available as a source for listening, support and resources.



Please follow us on [Facebook](#) for UUC event reminders.



## The President's Column July 2024 by Laurene Lambertino-Urquizo



This is a list of the events and results at GA this year:

Day One – THURSDAY, June 20 – General Sessions I and II

Rules of Procedures Amendment (Adopted)

Voting for UUA Elections

Article II Amendments -- Equity Calls Us to Listen, Understand, Respect, Respond (Not

Adopted-71.6%)

Equity: Every Person is Inherently Worthy (Adopted-92.5%)

Day Two – FRIDAY, June 21 – General Session III

Article II Amendments – Peace as a UU Value (Not Adopted-64.5%)

Reason and the Responsible Search for Truth and Meaning (Not Adopted-70.0%)

Business Resolution – Embracing Transgender, Nonbinary and Intersex People is a Fundamental Expression of UU Religious Values (Adopted-91.8%)

Consent Agenda - Bylaw Amendment – Religious Education Credentialing Committee

Day Three – SATURDAY, June 22 -- General Session IV

**Proposed Revision to Article II as amended (Adopted by 80.2%, Do Not Adopt-19.8%)**

Action of Immediate Witness (AIWs):

1. World on Fire: Humanitarian Work and Climate Change (Affirmed-95.6%)
2. Centering Love Amidst the Ongoing Impact of COVID-19 (Affirmed-86.1%)
3. Solidarity with Palestinians (Affirmed-73.5%)

Added: Responsive Resolution: UUA General Assembly Support for October 7 Hostages (Adopted-77.0%)

Day Four – SUNDAY, June 23 – General Session V

Final Ballot Results, Awards & Recognition

This year, GA 2024 took place virtually and I watched by streaming it through YouTube. Next year they will hold the GA in Baltimore. I attended GA online last year as well so I could vote in the interests of UUCC as a “business-only” delegate. This year I admit that I paid much more attention. On the first day, I did not understand much of what was going on because they were dealing with procedural issues, but my fellow UUCC delegate, Allan Lindrup, was kind enough to fill me in on what was happening and what to look for.

There were things said to prepare attendees for what was to come with the Article II revision vote. Rev. Meg Riley admitted that whichever way the vote would go, some people would be “disappointed profoundly.” A lot of talk occurred about our UU faith being a “living and evolving one.” There were concerns expressed against risking “stagnation” if changes did not occur periodically. But likewise, some warned that we will not really know what these revisions will hold until they play out and there could be a real chance of the loss of individual freedom as the UUA becomes more powerful. The UUA is asking that we trust them, but these changes ensure that more power will be taken from the congregations and redirected to Boston (home of the UUA). The UUA seems determined to assume a more dominant position in our denomination.

The most controversial thing that I witnessed during this GA were the discussions concerning LGBTQ+ rights and the Jewish/Palestinian war. During the discussion before the vote, delegates voiced their opinions and evidently a few of the comments contained disinformation and disproven medical data that caused some people to become upset, and it was discussed at length the following day with profuse apologies given. Likewise, when the ‘Solidarity with Palestinians’ portion was discussed, feelings were triggered because some felt that there was not enough emphasis placed on the Israeli hostages and many were upset. The next day another resolution was added to provide support for the October 7<sup>th</sup> hostages. In addition, special chat rooms were set up where a care team and Chaplains were provided to help. GA officials admitted that a lot of mistakes had been made but they hoped to do better in the future.

## President's Column (cont.)

There was a hyper-elevated sense of “wokeness” to the proceedings that some might find objectionable these days. A lot of emphasis was placed on not offending anyone. For example, before each person spoke, they provided their preferred pronouns followed by a physical description of themselves and what they were wearing (for those who might be sight impaired, I assume). I can understand the reasons behind this practice, but I was a little shocked when some people went on to refer to themselves as “fat.” Also, when UUA officials spoke, their speech was invariably peppered with flowery forms of address such as “beloved” or “dear ones” which I felt got to be a little syrupy.

Finally, people discussed either their approval for the Article II revisions (PRO) or their concern (CON). Knowing the history that led up to this vote, I felt that some of the information presented was hypocritical and hollow sounding. I did not feel that they were being honest in presenting the entirety of the changes that would be made to our faith nor their reasons for doing so. The UUA appears to have changed from an independent service organization that once supported congregations to one now seeking to control them.

After GA concluded, I consulted a few groups on social media opposing these changes to see their reactions. I saw that some of the comments stated that they would be leaving the faith, and I was incredibly sad to read their words. I do not feel that one should leave Unitarian Universalism at this point but to remain and see what could be done to effect change. There are currently groups and alliances that are being formed that will present alternatives. I am interested in these possibilities to see what direction UUCU may choose to follow in the future. In that spirit, I am formally requesting that we form a Task Force to investigate the various controversies surrounding both Article II and Article III revisions to the UUA Bylaws and their plans for the future of Unitarian Universalism. If you would be interested in joining this Task Force, please contact me. I have discussed this possibility with Rev. Denise Tracy and she will help to guide us. Stay tuned.



## Volunteer Recognitions

Thanks go out to everyone who contributed to the success of the Celebration of Life for Patti Ussery. This was a prime example of everyone pitching in on short notice to ensure a memorable event. Thank you all!

## Volunteer Opportunities!

There are many interesting tasks that need attention. Would you like to help?

Are you willing to commit to a Sunday or two each month? We need Ushers and Greeters, Zoom hosts and Sexton setup assistance. Please get involved! Contact Marilyn Ragland ([mexmasrag@aol.com](mailto:mexmasrag@aol.com)) for details on the Sexton team; Joyce Sligar ([jsligar02@gmail.com](mailto:jsligar02@gmail.com)) for Ushers and Greeters; and Jodi Libretti ([jlibretti@sbcglobal.net](mailto:jlibretti@sbcglobal.net)) for the Zoom hosts.

We also need volunteers who are willing to help with setup, cleanup and to be on-hand for rentals. We need hospitable people to encourage and enable success of our rentals to help fund the church. There are also lots of opportunities to help beautify and maintain our building and grounds! Please get involved. Adopt a spot or task that you will be responsible for.

Please contact with the office (708-481-5339 or [churchadmin@uucpf.org](mailto:churchadmin@uucpf.org)) for more information or to arrange access to the building and supplies.

## Financial Update

July 1<sup>st</sup> officially starts our new fiscal year. Have you made a financial commitment or pledge for the new year? It is never too late to pledge. Please talk to me!

Officially, the 2023-2024 fiscal year is over. Did you complete your pledge? We would appreciate it if all balances due were paid this month, so we can formally close the books on 2023-2024. If you need an update on your pledge status, just ask me!

For this new year, do you have a fundraising idea that you would like to implement? Please talk to me or others to get the ball rolling. Do you have handi-person talent that would save us the cost of hiring someone? Just let us know what you would be willing to take care of. We would love to hear suggestions on how to keep costs down and income up.

Thank you for your contributions!

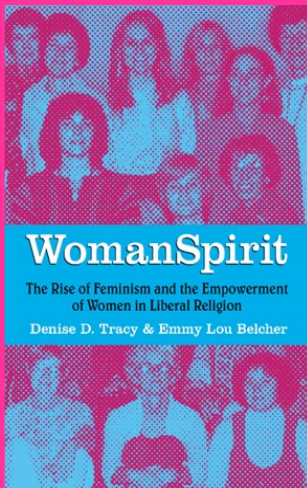
Nancy Irons, UUC Treasurer



## ~~~~~ RECOMMENDED READING ~~~~~

The number of women serving as ministers in North American Unitarian Universalist congregations grew from less than 1% to almost 50% between 1970 and 1990. In this important book Denise Tracy and Emmy Lou Belcher tell how this change came to be.

### WomanSpirit

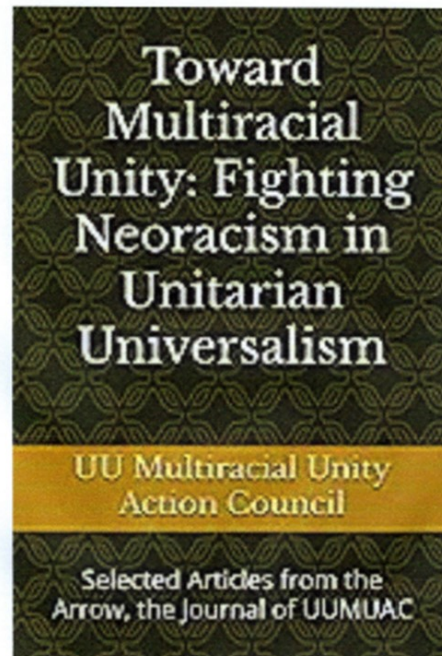


*WomanSpirit* is a collection of twenty essays by extraordinary Unitarian Universalists who illuminate their journey of empowerment and evolution. It's a tribute to their dream of a more inclusive, equitable future—and, in doing so, reshaped the very fabric of the denomination.

Price: \$24.95 Pages: 396 Available for purchase on Amazon and InSpirit Bookstore

We believe that the way to promote multiracial unity in UU congregations, and elsewhere, is to LIVE the Seven Principles of Unitarian Universalism.

We are dismayed to see that our Association of congregations is being taken over by an ideology of neoracism. The articles in this book will help UUs understand this issue better.



258 pages. Available from Amazon, \$15.

To order multiple copies at a discounted price, contact us: UUMUAC@gmail.com

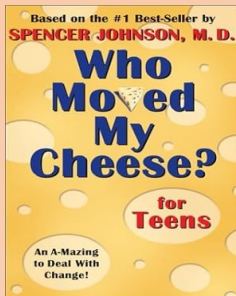


# Connections

by Barb Anderson

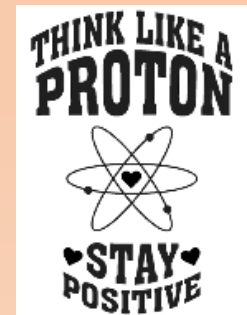


A Positivity Project at our church, facilitated by Michelle and Jane is very uplifting for me. We all share positive things that happened in the two weeks before meetings. I find myself looking for positive things to share with the group. For example, I just read "Who Moved My Cheese" by a medical doctor and a psychologist. It helped me see who people are and how they function in a group. The book is only one hundred pages. I got it from the Crete Library who got it from the Rich-ton Pk Library. We are all connected. A Positivity Project meets in the Gathering Room of UCC the 1st and 3rd Mondays of the month (July 1st & 15th from 6:30 to 7:30. It is an independent offering, free and with a snack afterwards. For more information: Michelle Johnson 708-748-0362.



Who Moved My Cheese? is a simple parable that reveals profound truths. It is an amusing and enlightening story of four characters who live in a "Maze" and look for "Cheese" to nourish them and make them happy.

"Cheese" is a metaphor for what you want to have in life -- whether it is a good job, a loving relationship, money, a possession, health, or spiritual peace of mind. And the "Maze" is where you look for what you want -- the organi-



Thanks to Allan Lindrup for the very informative UU FORUM he facilitates after Sunday services and for the Environmental Book Club. Joyce Sligar summarized Chapters 8 to 12 of "Dark Side of the Ocean" by Albert Bates. Anyone who would like to join this book club contact Allan Lindrup [uusj@sbcglobal.net](mailto:uusj@sbcglobal.net).

We now have many paths to healing: Karen Nielsen - Yoga, Britta - Massage, Rainbow Cafe, Martial Arts and Connections groups. Now, we also have Robert Dillon of Flowering Dogwood Martial Arts Way who instructs swordsmanship classes at Unitarian Universalist Community Church/PF on Tuesday & Thursday at 7:00PM and Saturdays at 9am.

Litha (ritual, fire and potluck) was celebrated at UCC on the Summer Solstice, June 22nd from 1 to 4. Thanks to Angela Denk and Meli Faith for opening our church to these fun-filled, family events.

A suggestion has been put to me - to ask people to come into the kitchen and wash their own coffee cups. There is hot soapy water and cold rinse water in bins in the sink. This is a small church; can we all take turns helping out? Besides, it's fun to kibitz in the Kitchen after the service.

I propose for the 1st Sunday Potluck - make a team of people who like to work together and sign up for a couple of 1st Sundays. Email me if you'd like to be on a team to do First Sunday Potlucks. I worked at Irons Oaks outdoor Teams Course for years in the 80's.





*Celebration of life in Memory of Patti Jo Hughes Ussery*



Chris Ussery and Angela Denk

*An emotional and beautiful day of sharing, memories, music, good food and good friends.*

*Patti will be missed*



(L-R) Joyce Semmler, Lenore Rendina, and Rev. Henrietta Byrd



# GREEN SANCTUARY

## BY JEFF GREEN – JULY 2024



As the earth swells in numbers of humans on the planet, our effects on our living system is showing signs of stress. Before I go to my main subject of interest, I want to talk about a historical account in the past. In Great Britain, London's population grew dramatically over the centuries to 2.35 million people between 1800 and 1850. Along with that came the problems of pollution, drinking water contaminated, and an overburdened and obsolete sewage system. Cholera broke out killing 10s of thousands of people. Londoners had to transition to an improved sewer system. People did not understand back then where Cholera came from. Parliament in 1859 could smell the effects of the sewage and refuse then and finally acted on it. The period of history is called "The Great Stink".

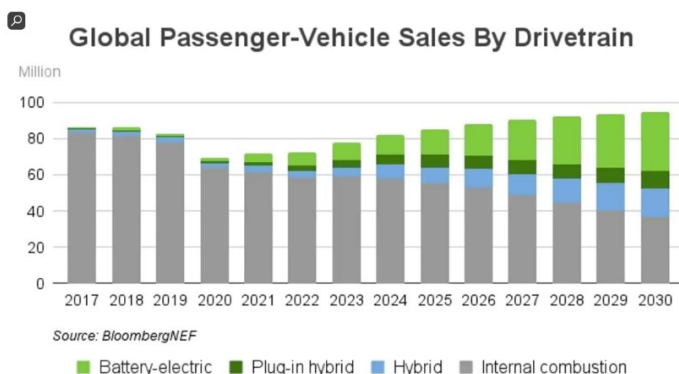
<https://rapidtransition.org/stories/londons-great-stink-of-1858-how-a-rapid-policy-response-stopped-the-stench/>

The above example is a necessary transition of large numbers of people living closely together to manage different kinds of waste including human waste. Another kind of waste to consider is the waste of burning fossil fuels. Here we are using the air as our sewer adding all kinds of gaseous pollutants to it. We are now in transition to cleaner energy. There are signs of change coming. Gasoline car sales are in the start of decline. There has been all kinds of information going around that EVs are the ones coming to an end when in reality the opposite is true.

<https://insideevs.com/features/724653/ev-slowdown-combustion-engine/>

### The Facts Are In: It's Not Looking Good for Internal Combustion

The "EV slowdown" is overblown. It's internal-combustion cars that are on their way out.



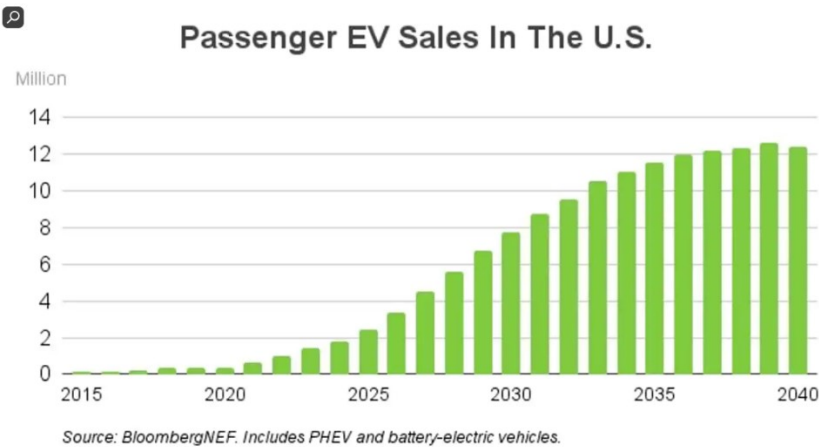
As recently as 2016, roughly 700,000 plug-in cars were sold worldwide, according to the IEA. Put simply, annual electrified vehicle sales have exploded by 2,000% in well under a decade.

Projected out to 2030, it's quite easy to see internal combustion engines for cars are in serious decline. China is the most aggressive market in the world where EVs have a 50% market share.

**Continued**

## Green Sanctuary continued

On a different graph, same article, Bloomberg has a projection by 2040 of EVs having 75% of world sales. If you were to listen to petroleum-based projections, EVs would be barely denting the market by 2040.



Plug-in car sales in the U.S. will end the year up 20% over 2023, BNEF says, less than the 32% it had previously projected. Still, it expects plug-in cars to make up 29% of the U.S. vehicle market by 2027. Looking out a few years, the health of America's EV transition hinges on whether cheaper models materialize in a meaningful way, said Cantor. Think a range of different models in the \$25,000-\$32,000 range, after incentives. Those kinds of vehicles are in the works from Ford, GM, Jeep, Kia and others.

This is transition with a deadline. The slower we go, the worse the consequences of polluting the atmosphere. Batteries and technology have come together to make a cleaner way of travel. Once fossil fuels are eliminated from the electrical grid, we will be entering a near carbon free time to travel to grandma's or the grocery store. Solving this issue was like "The Great Stink" of London. The trouble is co2 doesn't stink. It's invisible and we depend on instruments to tell us what is happening. But now we know.

"The Great Stink" is one of my favorite analogies to what is happening today. As humans burden the living system of earth, it is a struggle for awhile before society starts to move on changing our sewage system or changing our energy systems. I have enjoyed watching this part of our society move forward on this issue. And to be able to talk to you about it in these postings. Thank you for letting me part of your reading pleasure. Jeff Green

## ATTENTION!

### Are you concerned about the environment? Join our group!

The **Multi UU Church Environmental Book Club** has existed for about two years, meeting monthly via Zoom. Members of Beverly Unitarian Church, the UU Community Church in Park Forest, and First Unitarian Church of Chicago have been participating, This book club now meets on the **third Monday evening of each month, starting at 7 p.m.,** with sessions lasting 75 to 90 minutes.

If you would like to participate please contact Allan Lindrup at [uusj@sbcglobal.net](mailto:uusj@sbcglobal.net) or you can leave a voice message at 773-595-4921, providing your name, your congregation, and clearly providing your email.



### WANTED: Exterior Painter for UCC

Do you know someone who does **exterior painting**? UCC needs someone to power wash our exterior and then apply fresh coats of paint. Please send your suggestions to the office 708-481-5339 or email [churchadmin@uuccpf.org](mailto:churchadmin@uuccpf.org)



# What's Happening at UUCC?



**Note the change to the 2nd Tuesday this month  
Tuesday, July 9 at 11 am**

In July only we are meeting the 2nd Tuesday.

This group meets the **FIRST TUESDAY of the month from 11:00am-noon** at UUCC classroom 3. Do you like to knit, and want to run some thoughts across others? Do you like to crochet, but want something new and not sure where to look? Do you quilt but need somewhere quiet to really get into your craft? Whether you knit, crochet, cross stitch, needlepoint, quilt, or any other hand stitch craft that you enjoy, let's get together to craft, talk and mingle. For more information contact **Karen Beran 708-532-6024**

**UUCC Men's Group  
IS TAKING A BREAK DURING THE SUMMER BUT WILL RESUME IN  
September or October.**

It is expected that there will be a Sunday afternoon social get together sometime during July or August. For more information contact Allan Lindrup at [uusj@sbcglobal.net](mailto:uusj@sbcglobal.net) or by calling 773-595-4921.

**UUCC Connections Small Group  
No Connections group in June, July, and August.**

When we resume in September, please consider joining this small group. We spend time talking and sharing to get to know one another. The group meets on the **SECOND THURSDAY** each month in person at UUCC with the option of joining via Zoom. Questions? Contact Irene van der Hoek at [tulip51girl@gmail.com](mailto:tulip51girl@gmail.com)



Photo by [Mohamed Nohassi](#) on [Unsplash](#)

## Buddhist Meditation

**Saturdays at 9am -10:30am**

Learn and enjoy the simple, straight-forward practice of meditation. Please join us for sitting and walking meditation in the Zen & Theravadin Buddhist traditions. This is an ongoing event led by Steve McCabe.

**Location:** Online

**Cost:** Free will offering

**Contact:** Steve McCabe [steve.mccabe6914@gmail.com](mailto:steve.mccabe6914@gmail.com)

**The Unitarian Universalist Multiracial Unity Action Council**  
UUMUAC Monthly **Third Wednesday** Worship Service at **7:00 pm Central Time**  
For Zoom information, please send name, email, and congregation (if any)  
to [richard3point@gmail.com](mailto:richard3point@gmail.com)

**For past services,** type "Third Wednesday UUMUAC services" in the YouTube search box.

## JOIN THE CELEBRATION

# Lammas

FIRST HARVEST RITUAL AND FEAST

FRIDAY,  
AUGUST 2

6 P.M. - 9 P.M.



Unitarian Universalist  
Community Church  
70 Sycamore Dr.  
Park Forest, IL 60466

facebook.com/sylvansanctuary

Harvest season draws near!

On Friday, August 2, Sylvan Sanctuary CUUPS will host a celebration of Lammas, the first harvest of the Wheel of the Year. Beginning at 6 p.m. and ending at 9 p.m., the event will feature a social hour and craft from 6 until 7, an outdoor ritual with fire at approximately 7 p.m. (weather permitting), and a potluck harvest feast to follow immediately after the ritual.

Those who plan to attend are asked to bring a savory or sweet dish to share and a personal non-alcoholic beverage of their choice. Those with gardens are encouraged to bring something they've grown to share, be it flowers to display or something to eat. Email [sylvansanctuarycuups@gmail.com](mailto:sylvansanctuarycuups@gmail.com) for additional information.

THINK LIKE A  
PROTON



♥STAY♥  
POSITIVE

The **POSITIVITY PROJECT** has gotten wonderful feedback from participants. They have lots of interesting plans for future meetings. Come check it out, it may just change your life.

### A Positivity Project

Are you feeling overwhelmed by negative news?

Feeling like it's hard to find a bright spot in the day?

Come join folks who are sharing positive experiences and ways to see our world in a more satisfying light. Enjoy a provided soft beverage and spend a short time in meditation as we send out our most loving and healing intentions to the planet and its inhabitants.

**When:** 1st & 3rd Monday of the month, 6:30-7:30 pm, door open at 6

**Where:** UUCS, 70 Sycamore Dr., Park Forest, IL

No need to reserve your space. All are welcome, come if you can.

**For more information:** Michele Johnson 708-748-0362

This is an independent offering, not affiliated with the church. They are our gracious host.

# RAINBOW CAFE

Rainbow Cafe will meet on Friday, July 19th, 2024

Doors to the church open around 6:30 pm. The film starts around 7:00 pm. Soft drinks and snacks are served.



## “Tick, Tick Boom”

### Synopsis:

Tick, Tick... Boom! is a 2021 American semi-autobiographical musical film based on the stage musical of the same name by Jonathan Larson, a semi-autobiographical story about Larson writing a musical to enter into the theater industry. It tells the story of an aspiring composer named Jon, who lives in New York City in 1990. Jon is worried he has made the wrong career choice to be part of the performing arts.

Rainbow Café is a social event that provides a welcoming and safe environment for single or partnered gay, lesbian, bisexual, and transgender adults, and their allies. Group is open to anyone regardless of their sexual orientation.

**We meet every third Friday at 7PM to watch a LGBTQ film.**

Join the discussion after the film.

Invite friends!

Optional - bring snacks to share.



Unitarian Universalist Community Church  
70 Sycamore Drive, Park Forest, IL 60466  
708-481-5339      uuccpf.org



# LGBTQ

Welcoming Congregation



## 4th International Convocation of UU Women and People of Progressive Faiths

A warm welcome to Transylvania, the birthplace of Unitarianism!

September 5–8, 2024 in Cluj-Napoca/Kolozsvár, Romania

Theme: “Weaving a Tapestry of Peace and New Perspectives”

**Connect – Collaborate – Create**

Join us this September in Kolozsvár for the 4th Convocation to connect with U/Us worldwide as we build community, a collective voice, and strong and effective partnerships toward a more equitable, peaceful, and sustainable future! The Convocation will focus on the collective need for peace within ourselves and in our communities as we search for ways to respond to intersecting global crises and uncertainties. The event will also be an opportunity to determine how to be more effective change-makers, weaving our own threads of equity into a tapestry of a peaceful and sustainable tomorrow.

<https://www.intlwomensconvo.org/page/4th-convo-2024-september/>



## A Moment in Balance weekly Yoga Classes by Karen Nielsen at UCC 70 Sycamore Dr. Park Forest

**Monday & Thursday 9:30 – 11am**

**Wednesday evenings 7:00 – 8:30pm**

This class is for everyone, beginner to experienced.  
No reservations needed. Drop-in fee is \$10 per class.

Call Karen (708) 755-3577

## Multi-UU Church Environmental Book Club Monday, July 8th from 7 to about 8:30 p.m. via Zoom

Are you concerned about the environment? The Multi UU Church Environmental Book Club, which meets via Zoom, will next meet on July 8, at 7 p.m. (the group agreed to shift its meeting a week earlier in the month as Allan will be on vacation in Alaska on the third Monday of July). The book club will be discussing Chapters 13-16, plus the Conclusion, of Dark Side of the Ocean by Albert Bates. At the end of the session the book club members will be discussing and then voting on which book to read and discuss next. Anyone who would like to join this book club should contact Allan Lindrup at [uusj@sbcglobal.net](mailto:uusj@sbcglobal.net) or at 773-595-4921.

## Flowering Dogwood Martial Arts Way at UCC

**Tuesday & Thursday at 7:00 PM AND Saturday at 9:00 AM**

### Details

Rob Dillon of Flowering Dogwood Martial Arts Way invites you to join in an exploration of Japanese swordsmanship, Japan's oldest surviving martial art. The Tenshin Shoden Katori Shinto Ryu (ryu is a "school") was founded in the 15th Century!

Discover how a martial practice may become an art of peace, of self-expression, social engagement, and a "way to go" towards whole-person fitness. No experience necessary.

### About:



Robert W. Dillon, Jr., Ph.D. is Professor Emeritus and Founding Faculty, Department of Theatre and Dance, Holland School of Visual and Performing Arts, Southeast Missouri State University. In 2021 Rob moved to University Park, Illinois, to be closer to his adult children. There he founded Flowering Dogwood Martial Arts Way to continue his 50-year journey of martial arts study, scholarship, practice, and sharing-in-teaching. Contact Rob at 573-579-0646 for information.

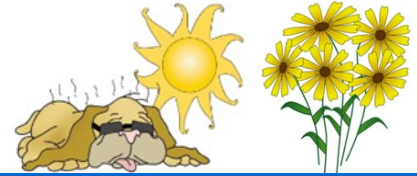


July 17<sup>th</sup>  
National Hot  
Dog Day





# JULY 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>HIATUS</b> NO MEN'S GROUP OR CONNECTIONS THIS MONTH	1 9:30am Yoga  6pm Positivity Project	2  7pm Flowering Dogwood Martial Arts	3	4 <b>INDEPENDENCE DAY</b>  7pm Flowering Dogwood Martial Arts	5	6 9am Online Buddhist Meditation  9am Flowering Dogwood Martial Arts
7 10am Worship <b>First Sunday Potluck</b>	8 9:30am Yoga	9 11:00am Stitchery Group  7pm Flowering Dogwood Martial Arts	10  7pm Yoga	11 9:30am Yoga  7pm Flowering Dogwood Martial Arts	12	13 9am Online Buddhist Meditation  9am Flowering Dogwood Martial Arts
14 10am Worship <b>NO FORUM</b>	15 9:30am Yoga  6pm Positivity Project 7pm Environmental Book Club (Zoom)	16 7pm Board Meeting  7pm Flowering Dogwood Martial Arts	17 7pm Yoga  7pm UUMUAC online Worship Service	18 9:30am Yoga  7pm Flowering Dogwood Martial Arts	19  7pm Rainbow Café (doors open at 6:30, film at 7:00)	20 9am Online Buddhist Meditation  9am Flowering Dogwood Martial Arts
21 10am Worship	22 9:30am Yoga	23  7pm Flowering Dogwood Martial Arts	24  7pm Yoga	25 9:30am Yoga  7pm Flowering Dogwood Martial Arts	26	27 9am Online Buddhist Meditation  9am Flowering Dogwood Martial Arts
28 10am Worship	29 9:30am Yoga	30  7pm Flowering Dogwood Martial Arts	31  7pm Yoga	August 1 9:30am Yoga  7pm Flowering Dogwood Martial Arts	2	3 9am Online Buddhist Meditation  9am Flowering Dogwood Martial Arts

## Event Facilitators

Buddhist Meditation:	Steve McCabe	<a href="mailto:steve.mccabe6914@gmail.com">steve.mccabe6914@gmail.com</a>
Yoga:	Karen Nielsen	708-755-3577 <a href="mailto:shanti-one@comcast.net">shanti-one@comcast.net</a>
Rainbow Café:	Charles Barnett	708-843-2005 <a href="mailto:chazbarnett@yahoo.com">chazbarnett@yahoo.com</a>
Forum:	Allan Lindrup	773-595-4921 <a href="mailto:uusj@sbcglobal.net">uusj@sbcglobal.net</a>
UU Environmental Book Club:	Allan Lindrup	773-595-4921 <a href="mailto:uusj@sbcglobal.net">uusj@sbcglobal.net</a>
Edgar's Place:	Dave Rudolf	<a href="mailto:daverudolf50@gmail.com">daverudolf50@gmail.com</a>
Connections Group:	Irene van der Hoek	708-305-4913 <a href="mailto:tulip51girl@gmail.com">tulip51girl@gmail.com</a>
Men's Group:	Allan Lindrup	773-595-4921 <a href="mailto:uusj@sbcglobal.net">uusj@sbcglobal.net</a>
Stitchery Group:	Karen Beran	708-532-6024 <a href="mailto:greywolf2496@hotmail.com">greywolf2496@hotmail.com</a>

Call the church office Mon. - Fri. 10:00am - 10:00pm with questions, to schedule a rental, or to make an appointment to view the building. 708-481-5339

# Get involved, get supported, support others.

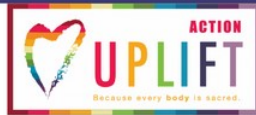
<https://sidewithlove.org/>



—CREATE—  
CLIMATE JUSTICE



LOVE  
*RESISTS*



**SIDE WITH LOVE**  
FALL 2023 SKILL UP SERIES  
SUMMONING COURAGE

- Oct 15: Risk Discernment for Congregations
- Nov 19: Faith Out Loud
- Jan 21: Community Safety & Security

**SIDE WITH LOVE**  
monthly mixer

2nd Monday of every Month  
5pm PT • 6pm MT • 7pm CT • 8pm ET

**Faithful GROUNDING**

monthly virtual gathering  
4th Thursday of the month  
4:30 PT • 5:30 MT • 6:30 CT • 7:30 ET

an hour of spiritual sustenance and grounding with others organizing on the side of love

## Faithful Gathering

Join our Side with Love Fun & Spiritual Nourishment Squad for an hour of spiritual sustenance and grounding with others organizing on the side of love.

Show up as you are, with whatever is in your heart, and have your camera on or off as you need. Come drink in the music, meditation, play, and prayer. We end with a Connection Cafe for those who wish to talk together.

**Church Information**

70 Sycamore Drive  
Park Forest, IL 60466  
Office Phone: 708-481-5339  
E-Mail: churchadmin@uuccpf.org  
Website: www.uuccpf.org

**(Please contact the church office for anything related to the newsletter).**

**The newsletter deadline is always the 20th of every month.**

***\*You can help save a tree and a stamp by simply picking up your newsletter or receiving it electronically via email.***



Visit us on the web @ [www.uuccpf.org](http://www.uuccpf.org)

***Unitarian Universalist  
Community Church  
70 Sycamore Drive  
Park Forest, IL 60466***