# **Unitarian Universalist Community Church FEBRUARY 2025**



# Sunday Worship Service 10:00am

Feb 2 Rev Henrietta Byrd

Title: Celebrating Sankofa

Glancing at your past achievements while mov-

ing forward.

Feb 9 Rev Denise Tracy

Title: The WOW of NOW!

What do we need to respond faithfully to these

days? A reflection---

Feb 16 February Sky

Title: Quite Early Morning - The Life, Times and

Music of Pete Seeger.

Peter Seeger was a singer, songwriter and activist. Through his music he became a lifelong advocate for the disadvantaged, the poor, the oppressed, and the exploited. He was also a civil rights and environmental activist. We will explore the far reaching influence of this remarkable man.

Feb 23 Maggie Reister

Tiitle: Paycheck to Paycheck.

Part of a series inspired by the book A People So Bold written in 2009 by 14 UU Ministers. This sermon examines economic injustice, the changing economic, landscape, and the urgent call for a strong prophetic voice.



Sankofa is a Twi word from the Akan people of Ghana that means "to retrieve" or "go back and get it". It is also the name of an Adinkra symbol that represents learning from the past to create a better future.



#### **Listening Hearts**

February volunteers, are available as a source for listening, support and resources.



**Fundraiser for PADS** AND RESPOND NOW

**AFTER SERVICE** 

Join us for delicious food and caring community as we raise funds to help the homeless and those in need. PLEASE BRING SOUP, SALAD or **DESSERT TO SHARE** 

#### **UUCC Connect FORUM**

Sunday, February 9, beginning at roughly 11:30 a.m. in Room 3, with an option to join via Zoom. You and U.U.: Meet Roger Shaw (aka Roger Lewis) and hear his story, which includes a rough childhood, a 35 year prison sentence that recently ended, which included his finding his inherent worth and dignity through UUism, and his goals for his new life as a returned citizen.

#### **WE APOLOGIZE!**

Did you have technical difficulties on Zoom? Here is the link to Rev. Denise Tracy's January 12, 2025 Service

**Click HERE** 

### Religious and Character Education

Classes for elementary school children have resumed. We offer classes on the first and third Sundays of the month using a curriculum based on the creation stories from different world religions and cultures.



Please follow us on **Facebook** for UUCC event reminders.



# The President's Column February 2025 by Laurene Lambertino-Urquizo



"Thus says the Lord of hosts: Render true judgments, show kindness and mercy to one another; do not oppress the widow, the orphan, the alien, or the poor; and do not devise evil in your hearts against one another." (Zechariah 7:9-10)

Right now, in cities across the United States, ICE (Immigration and Customs Enforcement) is rounding up undocumented people and sending them back to their respective (and elsewhere) countries. There have already been many arrests since January 20th. Many people are afraid to leave their homes to go to work or the grocery store, children are afraid to go to school. This is placing a great deal of stress and anxiety on individuals and families who are already saddled with hard lives due to poverty, lack of education, and limited access to resources. Many have lived in this country for decades with varying amounts of similar stress placed on them by other both (Democrat and Republican) administrations over the years. It is extremely difficult to live undocumented in America.

I have shared experience with this situation more than most during my younger years. I was married to an undocumented individual and we had two children together. I have strong memories of the fear we lived with that at any time my husband might not return home after work on any day of the week because of an ICE raid. I can remember his family members who also crossed the Rio Grande with paid coyotes to finally arrive in the Chicago area and live here and work in various restaurant kitchens, trying to create a new life for themselves and send money back home to support their parents and families. Their pay often came in the form of off-the-books cash in meager amounts that did not contribute taxes to Social Security, or if they were lucky enough to get a bogus SS card, they would never be able to reclaim any of those taxes from the IRS. Our circle of friends lived in similar circumstances, and I was often called on to provide translation, or go to court with them to help navigate dangerous interactions with the American government.

Many of our hearts have been touched by current news stories and videos of these raids, and undoubtedly there will be many more to come, and many of us are wondering what we can do to help. Here in the Chicagoland area, there are many possibilities. First, we are fortunate to live in a "blue state" with a liberal governor, and second, Chicago is designated as a "sanctuary city" which affords its undocumented population with some safety factors. We have a powerful grass-roots organization in ICIRR--Illinois Coalition for Immigrant and Refugee Rights, and their associated IFRP--Immigrant Family Resource Program. Illinois is now the fifth state with most immigrants in the country with over a half million undocumented living in this state. As a congregation, we can make important choices on what steps we would like to take to aid these folks in our state and locally.

We can help in several ways, according to UUANI (Unitarian Universalist Advocacy Network of Illinois) Executive Director, Rev. Scott Aaseng. First, we must first make the decision that this is an issue/action that we want UUCC to take on. We can then partner with UUANI to work on this together. They can put us in touch with organizations, such as ICIRR, to provide help in ways that are most needed in our south suburban area. We can then take steps to prepare ourselves and our church building to provide

#### The President's Column continued-

direct support to immigrants during any local ICE raids. We can open our church building to shelter people who need to hide for a few hours. We could also use our building to hold "Know Your Rights" workshops put on by affiliated organizations to raise community awareness. We would need to identify volunteers from within our church who are willing to give of their time and energy to be available to spring into action whenever possible during any local ICE raids that may occur. (For example, we would need someone nearby who could open the church building quickly). Finally, we could identify people would be willing to open their homes to children of immigrants who had been arrested for a few days or weeks. But to be clear, although there are many ways that we could prepare for these worst-case scenarios, hopefully we may never experience them because these new policies will be fought vigorously in U.S. courts.

If you are interested in becoming involved in any of these actions, please contact me, Allan Lindrup, or the UUCC Office Administrator and provide your name. We need volunteers to step forward and members of the congregation to let us know of their interest in taking this on. And, of course, thank you for all you do on behalf of UUCC.



**Financial Update** – Tax season has begun. Our fourth quarter employer taxes were paid and paperwork filed. W2 forms have been prepped and distributed, as well as 1099 forms. If you need a letter documenting your 2024 donations to UUCC for your taxes, please request one via email (<a href="mailto:irons.nancy@gmail.com">irons.nancy@gmail.com</a>).

The February 2<sup>nd</sup> Potluck will be our annual Soup Kitchen fundraiser for PADs and Respond NOW. Please bring soup, salad, bread or dessert to share. A Solidarity Circle fund is being established for anticipated expenses with supporting Roger Shaw in his return to civilian life. Donations can be made out to UUCC with "Solidarity" in the memo line. One congregant has offered to match the Solidarity donations up to \$1,000! Thank you to everyone who contributes to the causes we support.

#### **Volunteer Recognitions**

Thanks go out to Frank Markowitz for repairing the latch on the Music Room door. Michelle Johnson and Jane Troecher have been organizing fabulous events, from the Positivity Project gatherings, to the Sound Baths, to the recent Labyrinth. Thank you for all your efforts!

#### **Volunteer Opportunities!**

There are many interesting tasks that need attention. Would you like to help?

Are you willing to commit to a Sunday or two each month? We need Ushers and Greeters, Zoom hosts and Sexton setup assistance. Please get involved! Contact Marilyn Ragland <a href="mailto:mexmasrag@aol.com">mexmasrag@aol.com</a>) for details on the Sexton team; Joyce Sligar (<a href="mailto:jsligar02@gmail.com">jsligar02@gmail.com</a>) for Ushers and Greeters; and Jodi Libretti (<a href="mailto:jlibretti@sbcglobal.net">jlibretti@sbcglobal.net</a>) for the Zoom hosts.

We also need volunteers who are willing to help with setup, cleanup and to be on-hand for rentals. There are also lots of opportunities to help beautify and maintain our building and grounds! Please get involved. Adopt a spot or task that you will be responsible for.

Please contact with the office (708-481-5339 or <a href="mailto:churchadmin@uuccpf.org">churchadmin@uuccpf.org</a>) for more information or to arrange access to the building and supplies.

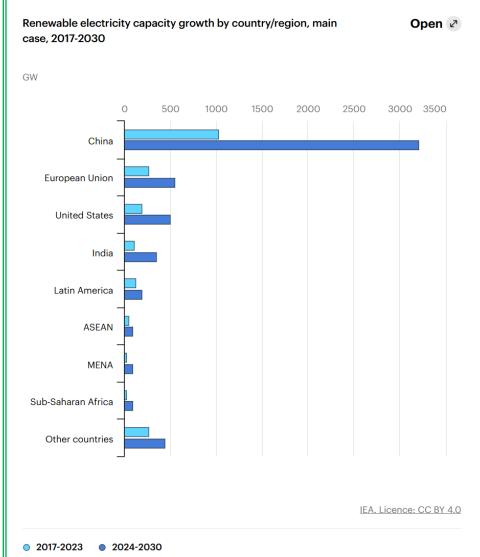
# GREEN SANCTUARY BY JEFF GREEN - FEBRUARY 2024



November 5<sup>th</sup>, 2024, I was optimistic that Kamala Harris would win. How could she lose up against a guy like Trump? Clearly, most voters disagreed with me. Our president will carry through his words on clean energy. So, there is this feeling of disap-

pointment that renewable energy will not just do as well in the future while he is president. But then, can Trump ruin the clean energy system? No. Also, the United States is not the whole world. Trump will slow us down for 4 years. He seems to think he can go for another 4 years after that. Hopefully, he will be unable to do so. The world is moving on, which is what should happen. As you can see below the world will move ahead by this projection out to 2030. China is clearly leading.

https://www.iea.org/reports/renewables-2024/executive-summary



With a small amount of room to write and the articles covering so much, here are excerpts from the article highlighting optimism for the future.

https://www.resilience.org/stories/2024-12-06/despite-trump-some-good-news-the-clean-energy-revolution-cant-be-stopped/

#### **GREEN SANCTUARY continued**

#### Despite Trump, some good news - The clean energy revolution can't be stopped

Simon quotes Zeke Hausfather with *Carbon Brief* to the effect that an element of the Republican party is "going to support keeping some of those subsidies around."

"Wind and solar now make up 15 percent of the world's energy mix, up from just 1 percent only 10 years ago. They are now consistently eating away at the share held by fossil fuels—a trend that will continue all the way to net zero. Basically: We did it. We've secured a clean energy future for ourselves. The only question remaining is how fast this future will become reality.

"We're not going to see anybody in drill, baby, drill mode,' Liam Mallon, head of Exxon's upstream division, told the Energy Intelligence Forum conference in London. 'A radical change (in production) is unlikely because the vast majority, if not everybody, is focused on the economics of what they're doing."

This is not the time to sink into despair, but to acknowledge Most importantly, citing figures from Bloomberg, \$206 billion in clean energy investments have been made during the Biden Administration, with \$151 billion in Republican districts, two-thirds of those coming from the IRA.

<u>In other words, even with a Republican majority in Congress, nothing speaks louder on Capitol Hill than jobs and money.</u>

Simon quotes Zeke Hausfather with *Carbon Brief* to the effect that an element of the Republican party is "going to support how much we have accomplished on climate. And how many avenues we have to continue making progress in our cities and states, communities and bioregions. Let's be thankful for what we have done, and get ready to roll up our sleeves to do more.

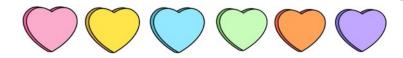
This seems to swing like a pendulum in supporting renewable energy or not supporting it. It's our time to double down on speaking out for where we want our country and world community to go. When Trump won, I said to myself, I am made for this time. Anyone who chooses so can be made for this time. As you can see, money speaks and so do we. Thanks again for letting me have the privilege of being part of your reading pleasure.

Jeff Green



#### Unitarian Universalist Congregations Affirm and Promote Seven Principles

- The inherent worth and dignity of every person;
- Justice, equity and compassion in human relations;
- Acceptance of one another and encouragement to spiritual growth in our congrestions;
- ♦ A free and responsible search for truth
- The right of conscience and use of the democratic process within our congregations and in society at large;
- The goal of world community with peace, liberty, and justice for all;
- Respect for the interdependent web of all existence of which we are a part.





# Connections by Barb Anderson



Rev Henrietta Byrd's Musical Celebration service on Sunday, December 29, 2024. Thank you to Rev Henrietta, Chris Ussery, and the Joyful Singers







#### ORPHAN TRAIN EXHIBIT: JAN. 13-FEB. 1

Did you know? Between 1854 and 1929, an estimated 250,000 orphaned, abandoned, or homeless children were transported by train to rural communities across the country in hopes of providing a better life for them. Many of these children found new beginning in Will and Kankakee counties.

This January, we invite you to learn what it was like to be an Orphan Train Rider through a special exhibit and related programming (see page 6 for details).

This initiative has been generously sponsored by Independence Physical Therapy, Crete.

Orphan train groups could contain anywhere from five to 50 children. Each child was given two sets of clothes – one to wear on the train, and one to change into when they arrived. Most orphanages also provided the children with a Bible. They often rode the train for multiple days to reach their new homes. When they arrived, the agent took the children to a hotel to clean up, eat, rest, and prepare to meet their new families.

#### THE JOURNEY



Exhibit at the Crete Public Library with hand-written records of the thousands of orphans (from immigrants dying on the ships coming into New York from 1854 to 1929) who were transported by train to new homes in the Midwest. I have a friend whose Great Grandmother was a scrappy survivor.

#### **Connections Column continued**

A Positivity Project led by Michele Johnson with the help of Jane Troescher set up a beautiful Candlelight Labyrinth last month. Positivity Project will be offering another Candlelight Labyrinth this month on February 24 from 6:30 to 8:30 pm. See page 11





Dave Rudolf and Friends at the Matteson Library playing their CD "British Re-Invasion".





Chief Bob Jensen and Jodi Libretti Reading a children's story during their service.



**UUCC COVID UPDATE:** The UUCC Board of Trustees has lifted Covid restrictions in the church. The congregation can determine their own level of risk and any need to continue to wear a mask in public settings. The only exception to this will be when we have in-church speakers who may request that congregants wear a mask during their service. We will notify you ahead of time if this occurs.

# What's Happening at UUCC?

#### **UUCC Men's Group**

Sunday, February 2nd from 6:30-8p.m. via Zoom.

Meetings are on the **FIRST SUNDAY of the month**.

If you identify as male but have not been receiving the Zoom invitation and codes for this group's meeting, you can join or sample the group by contacting Allan Lindrup at <a href="mailto:uusj@sbcglobal.net">uusj@sbcglobal.net</a> or leave a message including your email at 773-595-4921 to receive the Zoom invite and codes.



#### Tuesday, FEBRUARY 4TH at 10:30 am

This group meets the <u>FIRST TUESDAY of the month from 10:30am-noon</u> at UUCC. Do you like to knit, and want to run some thoughts across others? Do you like to crochet, but want something new and not sure where to look? Do you quilt but need somewhere quiet to really get into your craft? Whether you knit, crochet, cross stitch, needlepoint, quilt, or any other hand stitch craft that you enjoy, let's get together to craft, talk and mingle.

For more information contact Karen Beran 708-532-6024

#### **UUCC CONNECTIONS SMALL GROUP MINISTRY**

The Connections will meet again on WEDNESDAY, February 12th at 1-2:30pm.

We meet on the **2ND WEDNESDAY** of each month in person at the church with an option to join via Zoom. All participants will receive an email with the topic information and the Zoom link ahead of each meeting. The Connections conversations are offered as a way to get to know each other better, as we explore various topics. The topics we choose relate to our life experiences, questions, joys and challenges. Participants are free to share their thoughts and feelings, joys and struggles, as they choose. The group is there to listen, to share with and care about each other. The Connections group is NOT a therapy group. All are welcome! If you would like to join us, please contact the facilitator, Irene van der Hoek at: Cell 708/305-4913 or email <a href="mailto:tulip51girl@gmail.com">tulip51girl@gmail.com</a>



Photo by Mohamed Nohassi on Unsplash

# **Buddhist Meditation**

Saturdays at 9am -10:30am

Learn and enjoy the simple, straight-forward practice of meditation. Please join us for sitting and walking meditation in the Zen & Theravadin Buddhist traditions. This is an ongoing event led by Steve McCabe.

**Location:** Online **Cost:** Free will offering

**Contact:** Steve McCabe <u>steve.mccabe6914@gmail.com</u>

## **ATTENTION!** Are you concerned about the environment?

Join the Multi UU Church Environmental Book Club

on Monday, February 17th starting at 7 p.m., via Zoom

Meetings on the THIRD MONDAY EACH MONTH via Zoom. 7pm to about 8:30pm Participants will be discussing chapters 9 through 12 of How to Prepare for Climate Change by David Pogue. Anyone wanting to sample or join this book club should contact Allan Lindrup at uusi@sbcglobal.net or 773-595-4921 to receive the Zoom invite and codes.

#### The Unitarian Universalist Multiracial Unity Action Council

UUMUAC Monthly **Third Wednesday** Worship Service at **7:00 pm Central Time** 

For Zoom information, please send name, email, and congregation (if any)

to richard3point@gmail.com

**For past services,** type "Third Wednesday UUMUAC services" in the YouTube search box.



#### A Moment in Balance weekly Yoga Classes by Karen Nielsen at UUCC 70 Sycamore Dr. Park Forest

Monday & Thursday 9:30 – 11am Wednesday evenings 7:00 – 8:30pm

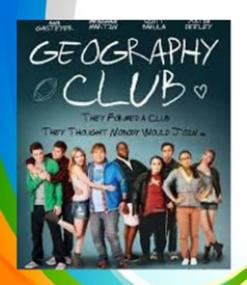
This class is for everyone, beginner to experienced. No reservations needed. Drop-in fee is \$15 per class. Call Karen (708) 755-3577

# RAINBOW-CAFE

Rainbow Cafe will meet on Friday, February 21, 2025

Doors to the church open around 6:30 pm. The film starts around 7:00 pm.

Soft drinks and snacks are served.



Russell is going on dates with girls while nurturing a secret relationship with star quarterback Kevin, who will do anything to prevent his teammates from finding out. Min and Terese tell everyone that they're just best friends. And then there's lke, who can't figure out who he is or who he wants to be. Finding the truth too hard to hide, they decide to form a Geography Club, thinking nobody else would want to join. However, their secrets may soon be discovered, and they could have to face the choice of revealing who they really

Rainbow Café is a social event that provides a welcoming and safe environment for single or partnered gay, lesbian, bisexual, and transgender adults, and their allies. Group is open to anyone regardless of their sexual orientation.

We meet every third Friday at 7PM to watch a LGBTQ film.

Join the discussion after the film.
Invite friends!
Optional - bring snacks to share.



Unitarian Universalist Community Church 70 Sycamore Drive, Park Forest, IL 60466 708-481-5339 uuccpf.org









# Sylvan Sanctuary CUUPS

NO MEETING IN FEBRUARY - NEXT MEETING MARCH 2ND Monthly meetings are on the <u>FIRST SUNDAY of the month</u> at 12:30pm Sylvan Sanctuary CUUPS is an open, eclectic, Neo-pagan circle affiliated with the Unitarian Universalist Community Church of Park Forest. For more information or to join the group contact Angela

at sylvansanctuarycuups@gmail.com Follow us on Facebook





















## A POSITIVITY PROJECT PRESENTS...

#### Share Group Meetings on the First and Third Monday



### Feeling overwhelmed? Looking for a BRIGHT SPOT?

The **POSITIVITY PROJECT** meets the **FIRST & THIRD MONDAY EACH MONTH AT 6:30PM. Doors open at 6pm.** 

Join folks who are sharing positive experiences and ways to see our world in a more satisfying light. Enjoy a soft beverage and a short meditation sending our most loving thoughts to the planet and inhabitants. All are welcome.

For more info contact Michele at 708-748-0362

Follow us on FaceBook

#### Sound Bath on the Second Monday

A Positivity Project invites you to *Sounds for a Gentle Earth,* our next sound offering on Monday, February 10th from 6:30-7:30

Did you know that sound can have a deep impact on us both physically and psychologically? Because we are made up of mostly water we are influenced by the frequencies of the noises around us. A sound bath is a meditative practice that incorporates the playing of bowls, bells, chimes or gongs and can be easier than other meditative practices because all you have to do is listen.

**\$20 per person. Registration required.** Contact Michele Johnson at 708-748-0362



#### Candlelight Labyrinth on the Fourth Monday



# CANDLELIGHT LABYRINTH

February 24th, 2025 6:30 - 8:30 pm



**Positivity Project** invites you to peacefully walk the Labyrinth and reconnect with your spiritual center. Sit and pray for peace, health, Mother Earth, freedom from, and freedom for, in the warmth and serenity of our Labyrinth.

# A \$10 donation is suggested.

For more information contact: Michele Johnson 708-748-0362

Unitarian Universalist Community Church, 70 Sycamore Street, Park Forest

Sycamore runs east from Western Ave. about 1/2 mile south of the intersection of Western Ave. and Steger Rd.

This is a left-hand turn when coming from the north.

# UNITARIAN UNIVERSALIST PRISON MINISTRY OF ILLINOIS

## **Support the Solidarity Circle**

UUCC has formed a Solidarity Circle to support Roger Shaw, a former prisoner, in his return to community life. A Solidarity Fund is being established at UUCC to help with anticipated expenses, such as transportation vouchers, training programs, driving lessons, etc. One congregant has generously volunteered to match all donations, up to a total of \$1,000. Please make donation checks out to UUCC with "Solidarity" in the memo line. Your support is greatly appreciated!

#### Flowering Dogwood Martial Arts Way at UUCC Tuesday & Thursday at 7PM AND Saturday at 9AM

#### Details

Rob Dillon of Flowering Dogwood Martial Arts Way invites you to join in an exploration of Japanese swordspersonship, Japan's oldest surviving martial art. The Tenshin Shoden Katori Shinto Ryu (ryu is a "school") was founded in the 15th Century!

Discover how a martial practice may become an art of peace, of self-expression, social engagement, and a "way to go" towards whole-person fitness. No experience necessary.

#### About:

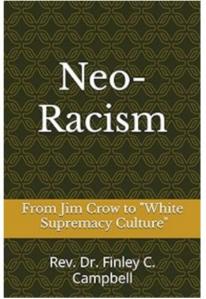


Robert W. Dillon, Jr., Ph.D. is Professor Emeritus and Founding Faculty, Department of Theatre and Dance, Holland School of Visual and Performing Arts, Southeast Missouri State University. In 2021 Rob moved to University Park, Illinois, to be closer to his adult children. There he founded Flowering Dogwood Martial Arts Way to continue his 50-year journey of martial arts study, scholarship, practice, and sharing-in-teaching.

Contact Rob at 573-579-0646 for information.

#### ~~~~ RECOMMENDED READING ~~~~~

Neo-Racism: From Jim Crow to "White Supremacy Culture" by the late Rev. Dr. Finley C. Campbell.



The UU Multiracial Unity Action Council (uumuac.org) has published a book by its founder, a black man born in the South, a near-contemporary of MLK, who was ordained a Baptist minister but after discovering Unitarian Universalism became a longtime member of the First Unitarian Church of Chicago. He explains the failure of the so-called "antiracism" of the UUA, the UU Ministers Association, and the UU seminaries, and describes an alternative that he calls Multiracial Unitarian Universalism.

Available on Amazon for \$15 HERE



#### North American Unitarian Association *Helping Liberal Religion Thrive*

The North American Unitarian Association (NAUA) is open to membership by individuals or organizations (such as congregations). There is no specific membership donation, it is a free-will donation system. An organization can be a member of NAUA while concurrently being a member of the UUA or any other non-profit

organization. During this church year we will share with you some of the offerings of the NAUA.

#### Monthly Academy Program Tuesday, February 11, 6:30 p.m. Central

Boom or Doom? – Is Unleashing Artificial Intelligence Wise? Is Unleashing AI Intelligent or Wise? with Ken Ing.

Please note that you Must <u>REGISTER HERE</u> to have the Zoom URL emailed to you.

The NAUA <u>3rd Saturday of the month Worship Service at 12:00 Noon Central Time</u>
Nature's Scripture: the Interfaith Promise of Science. With JD Stillwater Science Ambassador Worship service Zoom link - <a href="https://tinyurl.com/NAUAService">https://tinyurl.com/NAUAService</a>

**NAUA** has several small groups, called Circles. Three are on-going. A new one, which is just organizing, will focus on spirituality and last 10 to 12 session (probably once a month). It will be led by retired UU minister David Markham. When it will be scheduled is not yet know - probably decided by a poll of those who express an interest. To express an interest email <a href="mailto:circles@naunitarians.org">circles@naunitarians.org</a>

The UUCC Board has agreed to share information about the **North American Unitarian Association (NAUA)** with our members, so that later in the church year our membership can decide if it would like to have UUCC affiliate with NAUA in addition to the UUA. (There is no cost for such affiliation). The NAUA's bi-monthly newsletter is called the Liberal Beacon. Click on this link to download the newsletter. <a href="https://naunitarians.org/liberal-beacon/">https://naunitarians.org/liberal-beacon/</a> A sample Liberal Beacon Newsletter is in the Gathering Room.

#### **Side With Love Action Center**

"There is no such thing as a single-issue struggle because we do not live single-issue lives." — Audre Lorde

The work that we do together to build a world in which all of us are free and thriving is interrelated. When we ground our spirits, grow our skills, and act strategically for justice in deep relationship with each other and our Movements, we choose to Side With Love.

Action Center is a place where we unite in work towards a world where we all thrive. Together we take action, Side With Love, and make deep impacts in this critical moment.

Our intersectional justice priorities are: Climate Justice, Democracy and Electoral Justice, Decriminalization, LGBTQIA+ and Gender Justice

Will you join us?

**Subscribe** to our newsletters **Join** one of our volunteer Squads, the backbone of the Action Center



Do you have an hour or so a month to help us put together our Actions of the Week? Please contact us if you do. Thanks!

UNITARIAN UNIVERSALIST You can take action and sign up HERE for ADVOCACY NETWORK UUANI Actions of the Week









Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Jan 26 10am Worship	Jan 27 9:30am Yoga	Jan 28	Jan 29 Happy New Year!	Jan 30 9:30am Yoga	Jan 31	Feb 1 9am Online Buddhist Meditation
		7pm Flowering Dogwood Martial Arts	7pm Yoga?	7pm Flowering Dogwood Martial Arts	6pm CUUPs Imbolc	9am Flowering Dog- wood Martial Arts
2 10am Worship Potluck Soup Kitchen 12:30 NO CUUPS Meeting 6:30p UUCC Men's Group	3 9:30am Yoga 6pm Positivity Project	4 10:30am Stitchery Group 7pm Flowering Dogwood Martial Arts	5 7pm Yoga	6 9:30am Yoga 3pm PADS team 7pm Flowering Dogwood Martial Arts	7	8 9am Online Buddhist Meditation 9am Flowering Dog- wood Martial Arts
9 10am Worship 11:30 am UUCC FORUM	10 9:30am Yoga 6pm Sound Bath	7pm Flowering Dogwood Martial Arts	12 1p Connections Group 7pm Yoga	13 9:30am Yoga 7pm Flowering Dogwood Martial Arts	14 VALENTINES DAY	15 9am Online Buddhist Meditation 9am Flowering Dog- wood Martial Arts
16 10am Worship	17 9:30am Yoga 6pm Positivity Project 7pm Environmental Book Club (Zoom)	7pm Board Meeting (Zoom) 7pm Flowering Dogwood Martial Arts	7pm UUMUAC online Worship Service 7pm Yoga	20 9:30am Yoga 7pm Flowering Dogwood Martial Arts	21 7pm Rainbow Cafe	22 9am Online Buddhist Meditation 9am Flowering Dog- wood Martial Arts
23 10am Worship	24 9:30am Yoga 6pm Labyrinth meditation	7pm Flowering Dogwood Martial Arts	26 7pm Yoga	27 9:30am Yoga 7pm Flowering Dogwood Martial Arts	28	March 1 9am Online Buddhist Meditation 9am Flowering Dog- wood Martial Arts

#### **Event Facilitators**

**Buddhist Meditation:** Steve McCabe steve.mccabe6914@gmail.com Karen Nielsen 708-755-3577 shanti-one@comcast.net Yoga: Rainbow Café: Charles Barnett 708-843-2005 <a href="mailto:chazbarnett@yahoo.com">chazbarnett@yahoo.com</a> Allan Lindrup 773-595-4921 <u>uusj@sbcglobal.net</u> Forum: UU Environmental Book Club: Allan Lindrup 773-595-4921 uusi@sbcglobal.net Irene van der Hoek 708-305-4913 tulip51girl@gmail.com Connections Group: uusj@sbcglobal.net Men's Group: Allan Lindrup 773-595-4921 Stitchery Group: Karen Beran 708-532-6024 greywolf2496@hotmail.com A Positivity Project: Michele Johnson 708-748-0362 (Meetings, Sound bath, Labyrinth) **CUUPs - Sylvan Sanctuary** Angela Denk sylvansanctuarycuups@gmail.com

Call or email the church office Mon. - Fri. 10:00am - 10:00pm with questions, to schedule a rental, or to make an appointment to view the building. 708-481-5339 <a href="mailto:churchadmin@uuccpf.org">churchadmin@uuccpf.org</a>

#### **Church Information**

70 Sycamore Drive Park Forest, IL 60466 Office Phone: 708-481

Office Phone: 708-481-5339 E-Mail: churchadmin@uuccpf.org Website: www.uuccpf.org

(Please contact the church office for anything related to the newsletter). The newsletter deadline is always the 20th of every month.

\*You can help save a tree and a stamp by simply picking up your newsletter or receiving it electronically via email.



Visit us on the web @ www.uuccpf.org

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